

DRESSAGE, BY CHANCE? USEF LICENSED / USDF RECOGNIZED SHOWS

COVID-19 POLICIES AND PROCEDURES

- This document is subject to change as information changes. Show participants will be informed of changes.
- The following Dressage, By Chance? COVID-19 Policies and Procedures have been established to follow world (WHO), national (CDC), state (MD), county (Frederick, MD), USEF, and USDF rules and guidance to mitigate SARS-CoV-2, the virus that causes COVID-19. By participating in any of the Dressage, By Chance? USEF licensed / USDF recognized shows, all owners, riders, trainers, coaches, volunteers, officials and others participating in or officiating at the shows agree to abide by these Dressage, By Chance? COVID-19 Policies and Procedures. As per USEF, "Participants are required to comply with these requirements at all times while present on the competition grounds. Failure to do so may result in expulsion from the grounds."
- Management reserves the right to alter these policies and procedures during the show as a need arises.

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FACE MASKS AND SOCIAL DISTANCING ARE REQUIRED AT ALL TIMES UNLESS MOUNTED.

USEF COVID-19 Action Plan revised July 28, 2020 ([click here](#)).

"Require a face mask or face covering for all staff, officials, volunteers, service providers and participants at all times while on competition grounds when not mounted on a horse."

"Face masks and face coverings must fully cover the nose and the mouth."

"All individuals must practice social distancing (or physical distancing) at all times while on the competition grounds by staying at least 6 feet (about 2 arms' length) from any person who is not a member of their immediate household. Members of the same household are still required to wear masks or face coverings at all times while on competition grounds."

1. DEFINITIONS

- **Participant:** Show Participants. Anyone on the show grounds who is part of an entry. For each entry, only the owner, rider, trainer, and coach (if applicable) on the entry may be on the show grounds. If a rider is also the owner and trainer, a coach and one additional support person may be on the show grounds.
- **Official:** Show Officials. Anyone on the show grounds working for, representing or serving the show. Includes show manager, show secretary, announcer, photographer, all volunteers, technical delegate, judges, EMT, farrier, vendors, etc.
- **Everyone:** Participants and Officials. All people on the show grounds.
- **All other definitions:** See the USEF COVID-19 Action Plan for USEF-Licensed Competitions (<https://www.usef.org/forms-pubs/XhKGVYiivTA/usef-covid-19-action-plan-for-operating>) **This is a must read for everyone.**

2. REFERENCES

- **WHO Considerations for sports federations/sports event organizers when planning mass gatherings in the context of COVID-19** (https://apps.who.int/iris/bitstream/handle/10665/331764/WHO-2019-nCoV-Mass_Gatherings_Sports-2020.1-eng.pdf).
- **CDC Gatherings and Community Events** (<https://www.cdc.gov/coronavirus/2019-ncov/community/large-events/index.html>).
- **State of Maryland Roadmap to Recovery** (<https://governor.maryland.gov/recovery/>)
- **Maryland Department of Agriculture Guidance for Livestock Shows & Competitions**, dated June 11, 2020. (https://mda.maryland.gov/maryland_products/Documents/MDA-Livestock-Shows_June2020.pdf?fbclid=IwAR0LUNOUY5fbMIRh7_cCnF9p6SWaURFcmHXEI8aKBqZ3D-aqMYoVtUSbZxE)
- **Frederick County, Maryland, COVID-19 web site** (<https://frederickcountymd.gov/8071/Coronavirus---COVID-19-Resources>).
- **USEF COVID-19 Action Plan for USEF-Licensed Competitions** (<https://www.usef.org/forms-pubs/XhKGVYiivTA/usef-covid-19-action-plan-for-operating>) **A must read for everyone.**
- **USEF Common FAQs: COVID-19 Action Plan** (<https://www.usef.org/faqs/covid-19-action-plan>). **A must read for everyone.**
- **USEF COVID-19 Rule Modifications** (<https://www.usef.org/forms-pubs/5Qx7zDIFvXs/usef-covid-19-rule-modifications>) **A must read for everyone.**
- **NEW USEF Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement** (<https://www.usef.org/forms-pubs/FDs-plVXI9U/usef-waiver-release-of-liability>) **Required in show entry.**
- **NEW USEF Federation Entry Agreement** (<https://www.usef.org/forms-pubs/7M4IexYMHk4>) **Required in show entry.**
- **USDF Best Practices – Considerations for dressage competitions** (<https://www.usdf.org/docs/announcements/BestPractices051920.pdf>)
- **USDF – Open Letter from the USDF President May 19, 2020** (<https://www.usdf.org/press/news/view-letter3.asp>)

3. QUESTIONS BEFORE, DURING AND AFTER THE SHOW?

- **Questions Regarding Show Entries:** Contact Leslie Raulin, Show Manager, at leslieraulin@gmail.com.
- **All Other Show Questions:** Contact Michele Wellman, Show Manager, at kyebay@yahoo.com.

4. SPECIFIC COVID-19 MITIGATION REQUIREMENTS

State of Maryland:

- As of the date of this document, congregation of more than ten people is prohibited.
- In order to closely abide by the state of Maryland limit to 10 people, do not congregate into any groups larger than ten people.

By Chance Farm:

- Please read this document.

USEF Action Plan:

- **Everyone:**
 - Social Distancing of at least six feet is *required* throughout the show grounds at all times unless absolutely impossible.
 - Face Masks/Coverings: “USEF mandates the use of face masks/face coverings at all times while on the competition grounds except when mounted on a horse”
 - Officials will receive face masks/coverings from show management, if needed.
 - Participants are expected to bring their own face masks/coverings.
 - Riders may wear face masks/coverings when mounted, but they are not required.
 - Hand Washing: Wash/sanitize/disinfect hands often and adhere to other sanitation practices throughout the show. Spray disinfectant will be available on the showgrounds. Participants are encouraged to bring their own hand sanitizer or disinfectant.
- **Officials:**
 - Limit face-to-face interactions with other officials and participants as much as possible.



6. PROTOCOL IF A PERSON DEVELOPS COVID-19 SYMPTOMS DURING THE SHOW

- If a person develops COVID-19 symptoms while at the show, the person should immediately be isolated from all other people at the show.
- Call the show manager, Michele Wellman, at 301-873-3496, who will coordinate with the on-site EMT. The EMT will determine if 911 should be called or if the person should be sent home to contact their health care provider.
- If this occurs, the show announcer will notify everyone at the show. Additionally, an email will be sent to all people at the show.
- In consultation with the EMT, show management will decide if the show must be ended.

***Seek medical care immediately if someone has emergency warning signs of COVID-19.**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

7. COVID-19 VIRUS POSITIVE TEST AFTER THE SHOW

USEF Action Plan:

Any person at the show who tests positive for the COVID-19 virus within 14 days after the show must notify USEF and the show manager, Michele Wellman (kyebay@yahoo.com).

8. TEMPERATURE CHECKS AND COVID-19 EXPERIENCE BEFORE AND DURING THE SHOW

USEF Action Plan:

- **Participants:**
 - All participants are responsible for monitoring their temperature. Anyone with a temperature of 99.5° F (37.5° C) or higher may not enter the facility.
- **Officials:**
 - All officials must have their temperature checked when they arrive. Anyone with a temperature of 99.5° F (37.5° C) or higher may not enter the facility.
- **Everyone:** Anyone who:
 - exhibits COVID-19 symptoms,
 - has tested positive for COVID-19 within the last two weeks, or
 - has been in contact with someone who has tested positive for COVID-19 within the last two weeks (excludes healthcare personnel who have treated COVID-19 patients using appropriate PPE)may not enter the show grounds.

9. ENFORCEMENT AUTHORITY

USEF Action Plan:

- Mandatory requirements in the USEF Action Plan will be enforced on the show grounds.
- Technical Delegates will inform individuals when they are not in compliance with the regulations and requirements in effect at the competition and shall report such situations to the Competition Organizer.
- The Competition Organizer has the authority under GR 702.1 and GR914 to remove from the facility any person who does not comply with the regulations and requirements in effect at the competition.
- Stewards/Technical Delegates must report the removal of any person from competition grounds for non-compliance with regulations and requirements in effect at the competition in their USEF Steward/Technical Delegate Report.

10. ENTERING THE SHOWS

Not sure how to enter a USEF/USDF Show?

Summary instructions (web page): [Click here](#).
Complete instructions (PDF file): [Click here](#).

Not sure how to use Equestrian Entries?

Summary instructions: Coming soon
Complete instructions (PDF file): [Click here](#).

- **Complete Entries:** Only complete entries will be entered into the show. In the event the show is oversubscribed, complete entries will be entered on a first-come-first-served basis.
- **Equestrian Entries is Required:** All entries must be submitted via Equestrian Entries. No snail-mailed entries.
- **Document Submission:** All entry documents must be LEGIBLE and uploaded with the Equestrian Entries entry. If that is not possible, email LEGIBLE documents to the show secretary BEFORE THE SHOW. Do not snail-mail any documents. Entry documents will not be accepted at the show.
- **Entries must include:**
 1. **Entry Form:** Completed Entry Form (EqEntries creates this form for you).
 2. **Payment:** Full payment via EqEntries (online only, no checks).
 3. **NEW 2020 USEF Federation Entry Agreement:** (<https://www.usef.org/forms-pubs/7M4lexYMhK4>). One form per entry with a separate signature for rider, owner/agent, trainer, coach if applicable and parent if applicable, even if they are the same people.
 4. **NEW 2020 USEF Waiver and Release of Liability, Assumption of Risk and indemnity Agreement:** (<https://www.usef.org/forms-pubs/FDs-plVXI9U>) Each person (rider, owner, trainer, coach if applicable, parent if applicable) must sign a SEPARATE form.
 5. **Proof of Rider/Owner/Trainer USEF/USDF memberships**, unless exempt (to get the numbers, use www.EqVerification.org), or pay USDF and/or USEF Non-Member Fees. Intro and Opportunity only entrants are exempt.
 6. **Proof of Rider/Owner/Trainer Safe Sport Training.** Applies to all USEF members age 18 and over that are part of the entry (rider, owner, trainer, coach if applicable, parent if applicable) . The proof is on the EqVerification.org report (www.EqVerification.org) and the USEF People Search report (<https://www.usef.org/search/people>). If not on these documents, submit current training certificate.
 7. **Proof of Horse USEF recording (USEF Lifetime, Annual, USEF HID, or USDF HID) and USDF registration (USDF Lifetime or USDF HID)**, unless exempt (use www.EqVerification.org). As a minimum, the horse must have a USDF HID.
 8. **Current Coggins** (within 12 months of the show date). Must have horse name the same as on show entry and USEF/USDF recording/registration.
 9. **Proof of Current Vaccination** IAW USEF GR845. Must have horse name the same as on show entry and USEF/USDF recording/registration.
 10. **Proof of MFS qualification**, if applicable.
 11. **Proof of Pony Measurement**, if entered in class 170 Pony Cup.

All these items should be submitted via Equestrian Entries. If an item is not submitted via Equestrian Entries, it may be emailed to the show secretary (LeslieRaulin@gmail.com). No snail-mailed documents.

11. ELIGIBILITY AND VERIFICATION OF ENTRIES (USEF 127.2)

- Before COVID-19, the TD reviewed every entry packet to ensure completeness, particularly memberships, etc.
- **USEF Rule Change:** Waives the requirement for TDs to check entries and verify competitor eligibility. Competitors are still required to adhere to eligibility rules and competition secretaries are responsible for ensuring that horses in qualifying and championship classes are properly recorded and that riders and owners are current members [or have paid non-member fees].

12. MUSICAL FREESTYLE (USEF DR129.6.a and c.)

- **USEF Rule Change:** Competitors are required to provide their music to the announcer in the format/method specified within the prize list. *Furthermore, competitors are not allowed to have a representative in the sound system booth in observation of social distancing requirements.*

13. WHO IS ALLOWED ON THE SHOWGROUNDS?

- Only **participants** and **officials** are allowed on the showgrounds.
- The public, spectators, and non-essential personnel such as guests and family members are not allowed on the show grounds.
- As per MDA, children are not allowed on the showgrounds unless they are competitors.
- For each entry:
 - Only the owner, rider, trainer, and coach on the entry may be on the show grounds.
 - If a rider is also the owner and trainer, a coach and one additional support person may be on the show grounds (contact information for this person must be provided to the show secretary before the show).
 - If a rider is a minor (under age 18), a parent/guardian may be on the show grounds (contact information for this person must be provided to the show secretary before the show)
- Non-compete horses are allowed to accompany an entered horse, but only if they do not entail additional participants on the showgrounds.

ALLOWED ON SHOWGROUNDS

- Officials (judges, TD, volunteers, show staff, EMT, approved vendors, photographer, farrier)
- Participants (people who are listed on a show entry – owner, rider, trainer, coach)

NOT ALLOWED ON SHOWGROUNDS

- Public
- Spectators
- Guests
- Family (not part of an entry)
- Children who are not competitors

14. BRAIDERS AND BRAIDING

- Braiders, as an extra person, are not allowed on the show grounds.
- Participants may braid the horse on the showgrounds.
- Reminder – there is no USEF rule requiring braiding; braiding has always been optional (but expected)!

15. ENTERING AND DEPARTING THE SHOWGROUNDS

- **Participants:** All participants must enter and exit at the open pasture gate near Bessie Clemson Road. Parking is in the pasture. Except for participants with stabling, participants must depart the show grounds as soon as their rides are completed.
- **Officials:** All officials must enter and exit via the farm entry lane. All officials must depart the show grounds as soon as their work assignment is completed.

16. TRAILER AND AUTOMOBILE PARKING

- **Participants:**
 - Participant trailer and automobile parking will be on a large grass pasture.
 - Please space all vehicles to provide maximal social distancing.
- **Officials:**
 - Officials parking is at the far end of the barn.

17. NEW USEF WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

- **NEW USEF Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement** - each person in the entry (owner, rider, trainer, coach – if applicable) must sign a separate form. <https://www.usef.org/forms-pubs/FDs-pIVXI9U>
- **Participants:** Provide the signed forms (one form for each participant) as part of the show entry.
- **Officials:** Bring a signed form (one form for each official) with you when you arrive at the show. Place the form in the designated box outside the show office.

18. SHOW CHECK-IN

- Face masks/coverings and social distancing are required at/near the show office trailer.
- Bridle numbers will be available, sorted alphabetically by rider last name, outside the show office trailer. They may be picked up by the rider or his/her designated representative. Hand washing or use of a hand sanitizer is recommended before picking up a rider packet.
- Since entries must be complete, no other check-in activities will be required.

19. MEDICATION REPORT FORMS (USEF GR411 and GR414)

- **USEF Rule Changes:**
 - The rules regarding submission of Medication Report Forms have been modified to minimize the risk of virus transmission through the physical handling of paper. All USEF Medication Report Forms must be submitted electronically unless online submission is absolutely impossible.
 - If an online form cannot be submitted due to lack of internet or phone service, a paper form may be submitted [to the show secretary in the box in front of the show office trailer]. This option must only be used when submitting the online form is impossible.
- **Online Procedure:**
 - The NEW USEF online Medication Report Form is at <https://competitions.usef.org/drugs-and-meds/medication-report-form/usef>.
 - The form is similar to an online membership application form. It can be completed on a computer, tablet, or phone. Within one hour of administration of the medication(s), complete the form online then click **CREATE**. The form is automatically submitted to USEF. It is not submitted to the show secretary or technical delegate.
- **Paper Procedure:**
 - If online submission of the form is impossible, a paper form may be submitted. The paper form is at https://www.usef.org/forms-pubs/tlC_Kitk5jE/medication-report-form---paper.
 - The participant must provide the paper copy.
 - Place the completed form in the designated box outside the show office trailer.

20. ENTRY CHANGES AT THE SHOW

- Entry changes at the show must be kept to an absolute minimum.
- If possible, communicate an entry change, such as a scratch, to the show secretary, Leslie Raulin, via email (LeslieRaulin@gmail.com). You will receive a return email when the change is completed.
- If a GAIG Q is to be added to a ride, talk to the show secretary through the plastic barrier. Provide the added \$15 fee as a check (made out to By Chance Farm, LLC) and write the entry/bridle number on the check. Exact cash may be used if a check is not available; the cash must be bound together with a paper clip or staple and marked with the entry number. Place the check or cash in the designated box outside the show office.
- As they require significant human interaction, schedule changes at the show should only be requested for an emergency situation.

21. STABLING

- Only participants listed on an entry that reserved a stall are allowed in the stabling area.
- Temperature monitoring, cleanliness standards, social distancing, and the use of face masks/coverings are the responsibility of the participants with stabling.
- Twenty-four 10' x 10' shed-row temporary horse stalls and tack stalls with doors will be available on a first-come-first-served basis. Priority will be given to stalls requested for the entire weekend (Fri-Sun).
- By necessity, stall groups and individuals will be adjacent to each other.
- Whenever possible, a requested tack stall will be placed between stall groups and/or individuals.
- Shavings must be ordered before the show as part of the show entry.

22. FOOD AND BEVERAGE

- Water will be available for everyone.
- A lunch food vendor will be on the show grounds.
- Face masks/coverings and social distancing are required.
- To prevent congregation of people, once you receive your order, please depart the food vendor area.

23. SHOW SCHEDULE / RIDE TIMES

- Before the show, ride times will be:
 - Posted on the show web site (<http://www.bychancefarm.com/dressage-by-chance/>).
 - Posted on the Fox Village Dressage web site:
 - Dressage, By Chance? Show 1: <https://www.foxvillage.com/show?id=7366>
 - Dressage, By Chance? Show 2: <https://www.foxvillage.com/show?id=7369>
 - Emailed to participants.
- During the show:
 - Paper day sheets will not be posted.
 - Updated day sheets will be posted on the show web site (<http://www.bychancefarm.com/dressage-by-chance/>).
 - Updated ride times will also be posted via the Fox Village Dressage web site at the above URLs.

24. PORTA-JOHNS AND BARN TOILET

- **Participants:**
 - Porta-johns will be provided adjacent to the farm lane for use by participants. Participants may not use the barn toilet.
 - Spray disinfectant and paper towels will be available outside each porta-john for sanitizing before & after use.
- **Officials:**
 - Officials may use the toilet in the barn or the porta-johns.
 - Spray disinfectant and paper towels will be available outside the toilet and each porta-john for sanitizing before and after use. Hand sanitizer will also be available.

25. WARM-UP ARENA

- The warm-up arena is the indoor arena. All arena doors will be open for air circulation.
- Riders may enter the warm-up arena not more than 40 minutes before their ride time.
- Riders may have a coach in the warm-up arena.
- No congregation of people outside the warm-up arena.
- Competition horses have priority over non-compete horses in the warm-up arena.

26. COMPETITION ARENAS

- There will be two outdoor competition arenas.
- Riders may not enter the competition arena area until just prior to their ride times.
- Owners, trainers and coaches may watch rides but must observe social distancing and wear face masks/coverings.
- After each ride, riders must leave the competition arena as soon as possible.
- Exit at the designated area where equipment inspection will be performed by the ring steward from a 6' distance.

27. EQUIPMENT INSPECTIONS (USEF DR121 and 126)

- **USEF Rule Changes:**
 - All tack and equipment inspections must be performed visually.
 - Saddlery and equipment checks will be visual and random. The Technical Delegate may follow the competitor to a designated area if necessary

28. SCORING AND SCORESHEETS

- **Digital Method:** Fox Village Dressage is developing a completely digital (online, paperless) method to scribe, score, report, and provide scoresheets to participants. If the method is available by the show dates, this method will be used.
- **Paper Method:**
 - If the digital method is not available by the show dates, scribing, scoring, and provision of scoresheets will be performed in the usual paper manner.
 - Scoresheets will be available at the awards table on a self-serve basis.
 - Social distancing and the use of face masks/coverings must be observed at the awards table.
 - No congregation of people at the awards table.

29. RESULTS

- Paper results sheets will not be posted.
- During and after the show, results will be available on the Fox Village Dressage web site:
 - Dressage, By Chance? Show 1: <https://www.foxvillage.com/show?id=7366>
 - Dressage, By Chance? Show 2: <https://www.foxvillage.com/show?id=7369>
- After the show, final results documents will be posted on the show web site (<http://www.bychancefarm.com/dressage-by-chance/>).

30. AWARDS TABLE

- Face masks/coverings and social distancing are required at/near the awards table.
- Participants should minimize their interaction with awards table volunteers as much as possible.
- Hand wash or use a hand sanitizer before arriving at the awards table.
- One participant at the table at a time.
- Ribbons and first place awards will be available at the awards table on a self-serve basis.
- If paper dressage test sheets are used, they will be available at the awards table on a self-serve basis.
- If digital dressage tests are used, they will be available online (procedure TBD).

31. CORRECTION OF SCORING ERRORS (USEF DR123.11)

- **USEF Rule Change:** If a mathematical error on the scoresheet is discovered, it must be brought to the attention of competition management within 1 hour of the official posting of the scores from the last class of that competition day. Competition Management must announce said posting, and must make test sheets available to competitors immediately. *If scoresheets are only made available after the competition day by electronic methods, management must extend the deadline for reporting of mathematical errors to 24 hours from time of distribution. Scores will be corrected but class placements will not change.*

32. SHOW EVALUATION FORMS (USEF DR125.8)

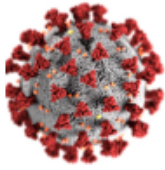
- **USEF Rule Change:** Evaluations by Designated Judges and Designated Riders is suspended. USEF will contact competitors at random after each competition and request completion of the USEF Evaluation form online through their USEF membership account.



***Adherence to the references and this document will provide safe shows.
Despite these difficult times, we hope you enjoy the shows.
Please stay safe and well before, during, and after the shows.
Show Management***

***Please review the following pages for further information
to ensure you protect yourself and others.***

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

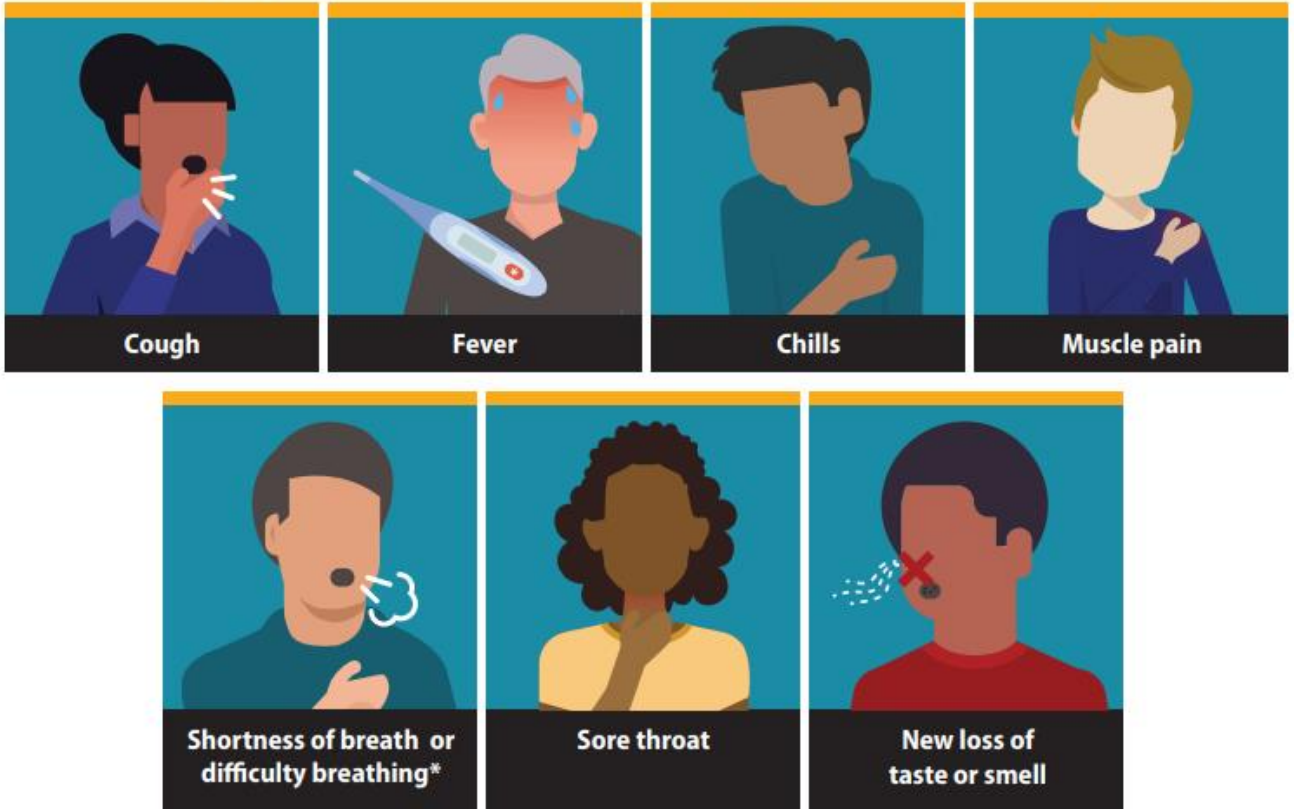
- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

***Seek medical care immediately if someone has emergency warning signs of COVID-19.**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

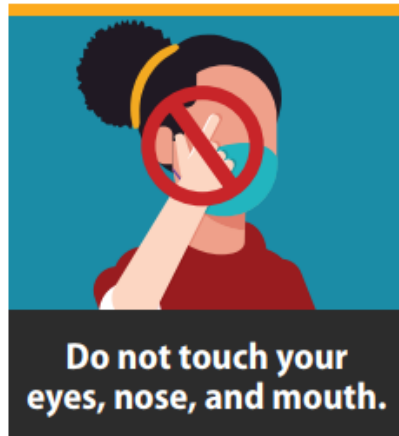
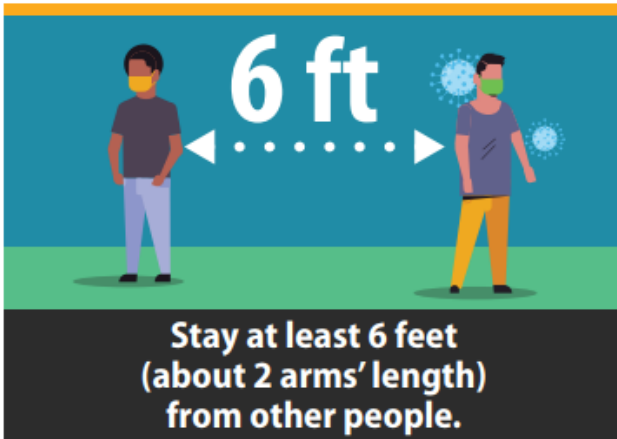


[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

317142-A May 20, 2020 10:44 AM

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



cdc.gov/coronavirus

316917-A May 13, 2020 11:00 AM

Cloth Face Covering Do's & Don'ts:

DO:



- ✓ Make sure you can breathe through it
- ✓ Wear it whenever going out in public
- ✓ Make sure it covers your nose and mouth
- ✓ Wash after using

DON'T:

- ✗ Use on children under age 2
- ✗ Use surgical masks or other personal protective equipment (PPE) intended for healthcare workers



cdc.gov/coronavirus

